



**Health Promotion Forum of New Zealand**  
**Runanga Whakapiki Ake i te Hauora o Aotearoa**



**MANUKAU**  
**INSTITUTE OF**  
**TECHNOLOGY**  
Te Whare Takiāro o Manukau

**Information  
Guide 2026**

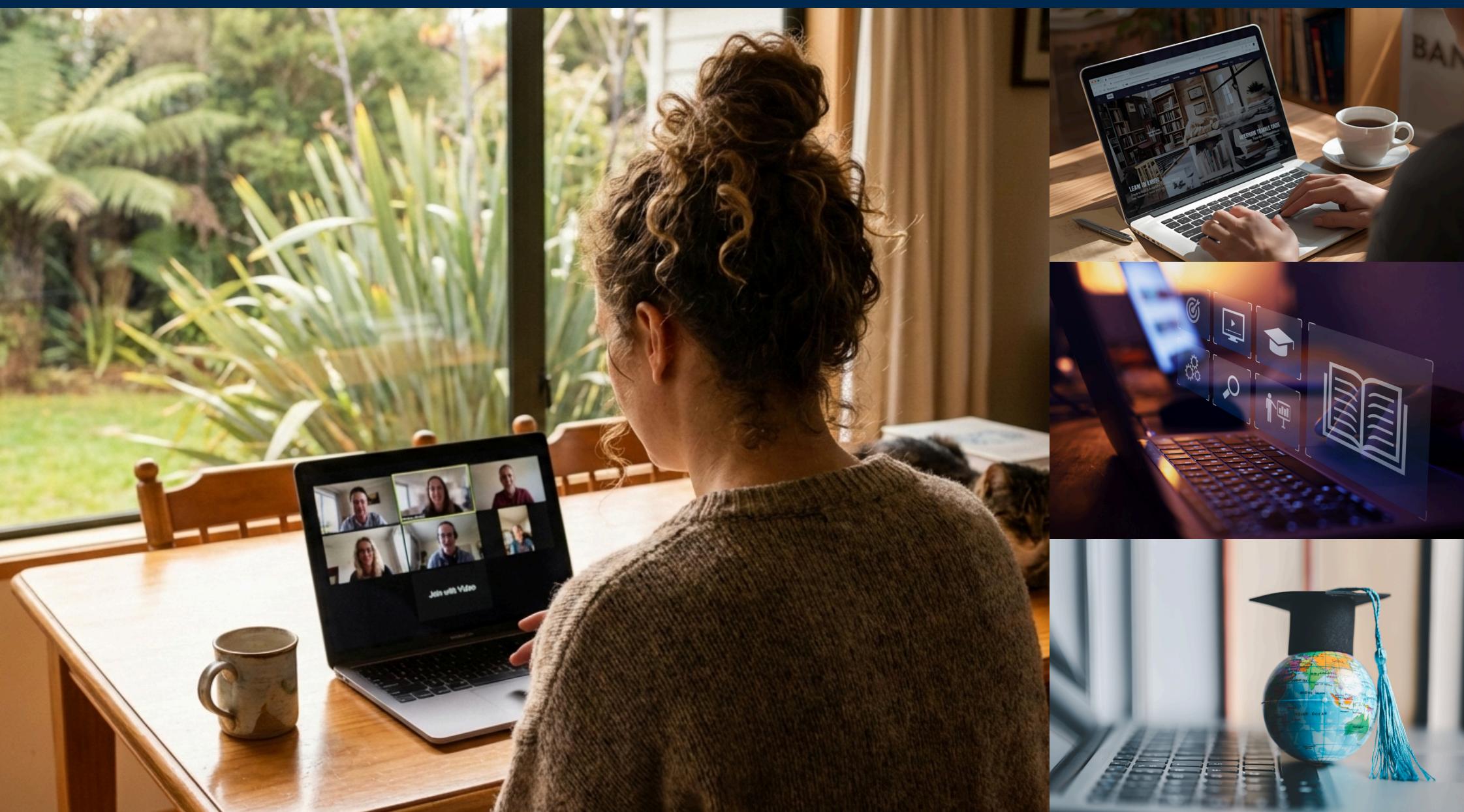
# **CERTIFICATE OF ACHIEVEMENT**

**INTRODUCTION TO HEALTH PROMOTION  
LEVEL 4**





**Health Promotion Forum of New Zealand**  
Runanga Whakapiki Ake i te Hauora o Aotearoa



**THE CERTIFICATE OF ACHIEVEMENT  
IN INTRODUCING HEALTH PROMOTION  
LEVEL 4**

IS NOW A

**12 WEEK  
PART-TIME  
ONLINE COURSE**



THE  
CERTIFICATE OF  
ACHIEVEMENT  
IN INTRODUCING HEALTH  
PROMOTION  
LEVEL 4

Study from  
ANYWHERE in  
Aotearoa NZ

Upskill and gain leading  
qualifications from the  
comfort of your home

Increase your national  
and international  
networks and  
exposure to leading  
experts





# COURSE DATES + SCHEDULE

## 2026 INTAKE DATES

### INTAKE ONE

Start: Mon 13 Apr

Block 1: Tue 5 May to Fri 8 May

Block 2: Tue 2 Jun to Fri 5 Jun

End: Fri 3 Jul

Enrolments close: Fri 10 Apr

### INTAKE TWO

Start: Mon 13 Jul

Block 1: Tue 4 Aug to Fri 7 Aug

Block 2: Tue 1 Sep to Fri 4 Sep

End: Fri 2 Oct

Enrolments close: Fri 10 Jul

## 12 WEEK COURSE SCHEDULE

Each intake has the following format:

WEEK 1 to WEEK 3: You are added to the online classroom. You will interact virtually with your tutor and classmates. You will have access to online resources (printable and downloadable) and complete online tasks and readings

WEEK 4: Block 1 Online Zoom Classes  
Tuesday to Friday  
9am to 4pm daily  
Attendance is compulsory

WEEK 5 to 7: Self-directed learning in groups to complete Assessment 1

WEEK 8: Block 2 Online Zoom Classes  
Tuesday to Friday  
9am to 4pm daily  
Attendance is compulsory

WEEK 9 to 12: Individual self-directed learning to complete Assessment 2



**ENROL  
NOW**



# COURSE CONTENT

## COURSE MODULES

The evolution of Health Promotion and Public Health in Aotearoa NZ + worldwide

Te Tiriti o Waitangi: History in NZ and how to apply Te Tiriti o Waitangi as a framework for professional practice

The Determinants of Health – how to recognise and address the systems and mechanisms that affect the quality of life

How to use Māori and Pacific health modules in your mahi

Health Promotion Strategies – how to effectively tackle health promotion challenges

The Ottawa Charter – how to use the charter as a tool for professional practice

How to network and collaborate with ally agencies

## COURSE HIGHLIGHTS

Guest speakers – students get to talk directly with experts in the field

Networking with and learning from others in the field

Only 2 Assessments:  
Assessment 1: Group Presentation  
Assessment 2: Individual Written Essay





# COURSE INFORMATION

## IMPORTANT INFORMATION

You will need approval from your mahi/organisation to release you for classes during Block 1 and Block 2.

Attendance during Block 1 and Block 2 is compulsory. Speak to your tutor if there are exceptional circumstances.

All enrolment forms, including verified ID must be submitted before the course start date.

Some computer literacy will be needed in the course. You will use a variety of programs to communicate with one another, access resources and learn.

You will need an adequate laptop or computer to attend Zoom classes. Mobile phones are not adequate for downloading material and interacting with the class.

You will need a reliable internet connection during online classes - Block 1 and Block 2.

## COURSE ENTRY

You must have the support of your organisation to attend if you are in paid employment.

Some digital literacy skills are expected.

ESOL students must have written and oral English with a minimum of IELTS 6.0 or equivalent.

## COURSE COSTS

Costs depend on your organisational membership:

Member: \$449 incl. GST

Non-member: \$629 incl. GST

We have a limited number of scholarships available - please contact us to find out more.



# STUDENT INFORMATION

## WHO SHOULD ENROL?

This course is designed for anyone who wants to build a strong foundation in health promotion - whether you're new to the field or looking to strengthen your understanding of community health and wellbeing.

It's ideal for:

- Community or social service workers
- Health sector staff or volunteers
- Educators and youth workers
- Individuals exploring a new career path in public health or community development.

## WHAT PAST STUDENTS HAVE TO SAY



*"The online format worked really well for me. It allowed me to fit study around full-time work and family life, while still feeling supported. The structure was clear, the readings were accessible, and I appreciated being able to learn at my own pace. It was flexible without feeling isolating."*

*"It was interesting and kept me engaged. At times, I was out of my comfort zone, but it was done in a really supportive way! Finished each day feeling positive and looking forward to the next day."*

*"For me, the Kaiako really 'made' this course."*

*"A big thank you for everything. It was such a privilege to be part of such a powerful kaupapa."*

# HOW DO I ENROL?

## READ THIS BROCHURE

Read this brochure thoroughly. Pay particular attention to the Online Zoom Class dates and times.

1

## PREPARE YOUR ID DOCUMENTS

Prepare your **VERIFIED** ID (Passport or Birth Cert **ONLY**)

2



3

## VISIT OUR WEBSITE

Head to our website to see if enrolments for the next intake have been opened and click the link to enrol: [hpfnz.org.nz/professional-development/certificate-of-achievement/](http://hpfnz.org.nz/professional-development/certificate-of-achievement/)

4

## CONTACT US FOR MORE INFO

Want to find out more or register your interest for a future intake? Contact us at [hpf@hauora.co.nz](mailto:hpf@hauora.co.nz) or 09 300 3071

