



Health Promotion Forum
of New Zealand

Runanga Whakapiki Ake i te
Hauora o Aotearoa



MANUKAU
INSTITUTE OF
TECHNOLOGY
Te Whare Takiana o Manukau

Information
Guide 2025

CERTIFICATE OF ACHIEVEMENT

INTRODUCTION TO HEALTH PROMOTION

LEVEL 4





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THE CERTIFICATE OF ACHIEVEMENT INTRODUCTION TO HEALTH PROMOTION LEVEL 4

IS NOW A

12 WEEK FULL ONLINE COURSE



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THE
CERTIFICATE OF
ACHIEVEMENT
INTRODUCTION TO HEALTH
PROMOTION
LEVEL 4

Study from
ANYWHERE in
Aotearoa NZ

Upskill and gain leading
qualifications from the
comfort of your home

Increase your national
and international
networks and exposure
to leading experts





COURSE DATES + SCHEDULE

2025 INTAKE DATES

INTAKE ONE

Start: Mon 17 Mar

Block 1: Tue 8 Apr to Fri 11 Apr

Block 2: Tue 6 May to Fri 9 May

End: Fri 6 Jun

Enrolments close: Fri 14 Mar

INTAKE TWO

Start: Tue 3 Jun

Block 1: Tue 24 Jun to Fri 27 Jun

Block 2: Tue 22 Jul to Fri 25 Jul

End: Fri 22 Aug

Enrolments close: Fri 30 May

INTAKE THREE

Start: Mon 25 Aug

Block 1: Tue 16 Sep to Fri 19 Sep

Block 2: Tue 14 Oct to Fri 17 Oct

End: Fri 14 Nov

Enrolments close: Fri 22 Aug

12 WEEK COURSE SCHEDULE

Each intake has the following format:

WEEK 1 to WEEK 3: You are added to the online classroom. You will interact virtually with your tutor and classmates. You will have access to online resources (printable and downloadable) and complete online tasks and readings

WEEK 4: Block 1 Online Zoom Classes

Tuesday to Friday

9am to 4pm daily

Attendance is compulsory

WEEK 5 to 7: Self-directed learning in groups to complete Assessment 1

WEEK 8: Block 2 Online Zoom Classes

Tuesday to Friday

9am to 4pm daily

Attendance is compulsory

WEEK 9 to 12: Individual self-directed learning to complete Assessment 2



**ENROL
NOW**



COURSE CONTENT

COURSE MODULES

The evolution of Health Promotion and Public Health in Aotearoa NZ + worldwide

Te Tiriti o Waitangi: History in NZ and how to apply Te Tiriti o Waitangi as a framework for professional practice

The Determinants of Health – how to recognize and address the systems and mechanisms that affect the quality of life

How to use Māori and Pacific health modules in your mahi

Health Promotion Strategies – how to effectively tackle health promotion challenges

The Ottawa Charter – how to use the charter as a tool for professional practice

How to network and collaborate with ally agencies

COURSE HIGHLIGHTS

Guest speakers – students get to talk directly with experts in the field

Networking with and learning from others in the field

Only 2 Assessments:
Assessment 1: Group Presentation
Assessment 2: Individual Written Essay





COURSE INFORMATION

IMPORTANT INFORMATION

You will need approval from your mahi/organization to release you for classes during Block 1 and Block 2.

Attendance during Block 1 and Block 2 is compulsory. Speak to your tutor if there are exceptional circumstances.

All enrolments forms including verified ID must be submitted before the course start date.

Some computer literacy will be needed in the course. You will use a variety of programs to communicate with one another, access resources and learn.

You will need an adequate laptop or computer to attend Zoom classes. Mobile phones are not adequate for downloading material and interacting with the class.

You will need a reliable internet connection during online classes – Block 1 and Block 2

COURSE ENTRY

You must have the support of your organization to attend if you are in paid employment.

Some digital literacy skills are expected.

ESOL students must have written and oral English with a minimum of IELTS 6.0 or equivalent.

COURSE COSTS

This can depend on your type of organization membership. Please discuss with Emma Frost.

Email Emma to make an enquiry. Don't forget to ask if we have any SCHOLARSHIPS available.

Emma Frost – Senior Coordinator
Email: emma@hauora.co.nz

HOW DO I ENROL?

READ THIS BROCHURE

Read this brochure thoroughly. Pay particular attention to the Online Zoom Class dates and times.

1

2

EMAIL US

Email our Senior Coordinator, Emma Frost, to register your interest or make an enquiry and start the process emma@hauora.co.nz

PREPARE YOUR ID DOCUMENTS

Prepare your VERIFIED ID (Passport or Birth Cert ONLY)

3

4

VISIT OUR WEBSITE

Check out our website for more trainings
<https://hpfnz.org.nz>

