

- Week 1, 2, 3 = Preparation and readings for Block 1
- Week 4 = BLOCK 1 (4 days of online classes)
- Week 5, 6, 7 = Preparation for Assignment 1
- Week 8 = BLOCK 2 (4 days of online classes)
- Week 9, 10, 11, 12 = Complete Assignment 2

Course Entry Requirements

Students in paid employment will be required to present written endorsement from their employer to attend the course.

ESOL students must have written and oral English with a minimum of IELTS 6.0 (or equivalent).

To enrol, email our Office Manager - Emma Frost at emma@hauora.co.nz

COURSE SCHEDULE



ENROL NOW

Email our Office Manager Emma Frost + let the team know you want to enrol + get more info

emma@hauora.co.nz

CERTIFICATE OF ACHIEVEMENT

Intro to Health Promotion Level 4

Te Tohu Tutuki o Hauora

12-week Online Shortcourse

STUDY FROM ANYWHERE
IN AOTEAROA NZ

Brought to you by



Health Promotion Forum of New Zealand
Runanga Whakapiki Ake i te Hauora o Aotearoa



MANUKAU
INSTITUTE OF
TECHNOLOGY
Te Whare Takura o Manukau

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Have fun while gaining a deeper understanding of health promotion

First time studying in a while? First time studying online? No worries! We are set up to support all learners. Our tutor will offer class and 1 on 1 support, including support with technology

Meet like-minded people from all over Aotearoa

Gain greater confidence in your work

Use your knowledge to support your clients and colleagues more effectively

COURSE CONTENT includes...

- How to apply Te Tiriti o Waitangi to health promotion + your mahi
- The determinants of health
- The Ottawa Charter
- Effective health promotion strategies + skills
- Health promotion values + ethics
- Māori and Pacific health models

- * Access to a computer, laptop or device
- * Reliable internet connection
- * Support from employer to attend classes (Block 1 + 2 = 8.30am to 4pm)
- * Basic digital literacy skills—email, zoom, social media, google classroom and applicable apps
- * Self directed learning skills—you will be expected to monitor your own learning for some activities, including group or class work
- * Ability to print resources + materials if you desire

*As a student,
you will need . . .*

THE DETAILS

- Level: 4
- Duration: 12 weeks
- Full online class delivery
- 2 assignments in total
- 80% attendance required
- All sessions recorded and available for students only